

Snare warm-up

3

4

7

8

11

14

15

1 2 3 4 1 + 2 + 3 + 4 +
R L R L R L R L R L R L
L R L R L R L R L R L R

1 e + a 2 e + a 3 e + a 4 e + a
R L R L R L R L R L R L R L R L
L R L R L R L R L R L R L R L

1 + 2 + 3 + 4 + 1 2 3 4